



MEMBER OF
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HEALTH
OPTIMIZING



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La Bella Vita Wine Estate, Simonsvlei Road, Paarl

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www.santeretreat.co.za

Please take Note:
We are a non smoking establishment

The Forum
Discover extraordinary at
the Santé business forum



SANTÉ

WELLNESS RETREAT & SPA



About Us

In a valley surrounded by magnificent mountains, Santé is the ultimate sanctuary for anyone who wants to re-energize, rejuvenate and revitalise the body and mind. Alongside the luxurious Retreat you will find the **Business Forum**. We offer luxurious yet comfortable spaces full of personal touches and combine it with the signature Santé exquisite, honestly healthy cuisine.



Location

1 hour from Cape Town and 45 minutes from Cape Town International Airport. On the beautiful, peaceful La Bella Vita Wine Estate, just off the R45, in the magnificent **Franschhoek- Paarl Valley**.





Offering

WORK

The Forum boasts an elegant, beautifully decorated and fully equipped main venue which is complimented by 4 private breakaway meeting rooms of varying sizes. A stunning restaurant and bar with indoor as well as outdoor seating provides a luxurious welcoming facility that can cater for a wide variety of needs.

EAT

Forum guests are treated to Santé's signature exquisite, honestly healthy cuisine. At Santé we believe that nutritious food is the foundation of health. We use the freshest ingredients from our own indigenous kitchen garden and local bio-dynamic farmers and suppliers. Our menus are seasonal and all meals are created using only real, unrefined foods, without the use of sugar, dairy, gluten, preservatives, colourants and additives. A true culinary experience, showcasing progressive nutritionally healthy cuisine with sensational flavours and aromas. Santé Wellness Retreat & Spa proves that healthy food can be inspiring, creative and delicious!





Offering

SLEEP

Elegantly appointed and individually decorated with great attention to detail, our **Retreat & Villa suites** feature either a king size bed or 2 deluxe double beds. Room amenities have been specifically created for Santé and contain only natural ingredients of the highest quality. All linen and gowns have been tailor made for our rooms and your comfort. All suites are air conditioned and have in-room water fridges, televisions, in-room safes and complimentary wi-fi.



RELAX & LEARN - SPECIAL ADD ON'S

Forum guests have the option of adding in daily yoga classes (morning or afternoon) or walking the labyrinth. Discover extraordinary and enjoy treatments in our world class Day Spa and Bio-Energy Center. We also offer lifestyle sessions with a key focus on nutrition and have spectacular cooking demonstrations to show you how to make our exquisite, honestly healthy cuisine.



Capacity and Rates

CAPACITY

We can accommodate a maximum of **120 day guests**, dependant on required seating configuration, and have a total of **17 suites** available for residential guests.

RATES

Rates are dependent on group requirements and the size of the group.

